**14er / All Day Hike Packing List**

 **Hiking Gear**

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| --- | --- | --- |
| * Daypack | * Sunscreen/Lipbalm | * Whistle |
| * Phone + Charger | * Map / Compass | * Hand Sanitizer |
| * Hiking First-aid Kit | * Headlight | * Baby Wipes |
| * Mini Multi-Tool | * 550 Cord | * Emergency Blanket |
| * Duct Tape | * Fun Hammock | * Firestarter |
| * Wallet | * GPS Communicator | * Pencil |
| * Trekking Poles | * Sunglasses |  |

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 **Food & Water**

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| * Water + Lifestraw | * Energy Snacks | * Bonus Food |
| * Snacks | * Lunch |  |

 **Clothing & Footwear**

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| --- | --- | --- |
| * Underwear | * Rain Gear | * Gaiters |
| * T-shirt | * Warm hat / Visor | * Buff / Bandana |
| * Mid-layer | * Hiking Shoes | * Post-Hike Clothes |
| * Jacket | * Shorts | * Post-Hike Sandals |
| * Poofy | * Pants | * Post-Hike Swimsuit |
| * Shell | * Visor |  |